

# Wellness Committee Agenda



8/23/2018

4:00pm

Liberty Elementary Cafeteria

Attendees:

Cindy Cabanilla, Catalina Gil De Leon, Lorena Gallegos, Andrew Velez

1. Welcome!
2. Introductions
3. Wellness Policy and Procedure overview
  - a. What is a Wellness Committee?
  - b. How often to meet?
  - c. Which days of the week work best for everyone?
  - d. Standards and Nutrition Guidelines
4. Next Meeting TBD