



## Liberty Schools Athletic League Softball/Baseball Exceptions

Revised March 2018

1. Home team should begin infield/outfield *before* arrival of visiting team
2. Teams should warm up at their home school before being picked up.  
Warm should include stretching, throwing to loosen arms etc
3. Games are scheduled for a 4:30 start. If a visiting team arrives 30 minutes late or more, they will not have infield
4. No metal cleats
5. No new inning starts after 1 hour 45 minutes of play
6. 6 inning maximum length of game
7. Keep the time limit above until there is a winner. If the game is tied, play until there is not tie or until it is too dark to continue
8. If there is a close play at the plate, runner must slide
9. Catchers may not block the plate unless he/she has the ball
10. Runs - maximum 10 runs per inning, end of half inning
11. Game called when a team is ahead by 11 or more runs at the top/bottom of 3<sup>rd</sup> inning
  - a. **However, if time allows, we are a learning league. We would like both teams to stay on the field and have time for situational coaching. This would be a great time to get some "game type" work for your other pitchers. Work on situational plays, place runners in different areas and work on the double play, or look back etc.**
5. Batter must move out of the batter's box after each pitch if there is a runner on 3<sup>rd</sup> base
6. A designated hitter is allowed in the game. This means a team may bat 9 and play 9. This is not an extra hitter in the lineup. Please follow NFHS rules for DH.
7. **Don't run up the score!** If a team is up by 10 runs, that team shall not advance except on a hit. There will be no stealing on a wild pitch or passed ball. There will be 1 warning given. The runner will be sent back to the base they started at. If the team steals again, the player who steals a base will be called out.
8. Baseball batters may use up to a -7 bat. This means the bat length is 7 points different than the weight. For example batter may use a 30-inch bat that is 23 ounces.



9. Injury Rule for SB/BB - If, during a game, after all players have been subbed for, there is an injury, we need an injury rule in place. The NFHS rule states that if a player is to return to the game that player must return to the same batting order. And if that cannot happen, when that person comes up in the rotation, it will be recorded as an out. For example: Sally is batter number 3, Susie comes in for her. All other subs have been subbed as well. Betty (who was not subbed for) gets hurt and she is batter number 5. Can we allow Sally to play for Betty? We are an instructional league and we want to allow time for all players to improve their skills, so the answer needs to be yes. If there is more than one sub available the 2 coaches can get together and discuss who to put in.
10. Follow the pitch count for baseball pitchers.



## Baseball Pitch Counts

- ❖ Any player on a regular season team may pitch. (NOTE: There is no limit to the number of pitchers a team may use in a game.)
- ❖ A pitcher remaining in the game, but moving to a different position, can return as a pitcher anytime in the remainder of the game, but only once per game.
- ❖ The coach must remove the pitcher when said pitcher reaches the limit for his/her age group as noted below, but the pitcher may remain in the game at another position:
  - ❖ League Age
  - ❖ 13-16 - 95 pitches per day
  - ❖ 11-12 - 85 pitches per day
  - ❖ Exception: If a pitcher reaches the limit above while facing a batter, the pitcher may continue to pitch until that batter reaches base or is put out
  - ❖ Intentional Walk: Before a pitch is delivered to the batter, the catcher must inform the umpire-in-chief that the defensive team wishes to give the batter an intentional base-on-balls. The umpire-in-chief waves the batter to first base. The ball is dead.
- ❖ Pitchers league age 16 and under must adhere to the following rest requirements:
  - ❖ If a player pitches 61 or more pitches in a day, three (3) calendar days of rest must be observed.
  - ❖ If a player pitches 41 - 60 pitches in a day, two (2) calendar days of rest must be observed.
  - ❖ If a player pitches 21 - 40 pitches in a day, one (1) calendar days of rest must be observed.
  - ❖ If a player pitches 1-20 pitches in a day, no (0) calendar day of rest must be observed.